enABLE CARE MANAGEMENT

CONCIERGE SERVICES FOR SENIORS

The Care Management Team at enABLE Care Management works with individuals and families to advocate on behalf of an aging individual. We assess, plan and execute on the goals and needs of our Clients with the individual at the center. We match people with solutions that solve their care needs.

In addition to Care Management, we have specialists on staff in the following areas where we can help enhance the lives of those we work with.

MEDICATION MANAGEMENT

Nurses manage medications and refills, fill medi-sets, monitor and communicate with doctors and pharmacies.

PLACEMENT SERVICES

Placement specialists explore housing options, set up tours, communicate and organize logistics for a move.

ENRICHMENT

Activity specialists implement engagement activities, resources and outings to bring optimal joy and fullfillment.

NUTRITION

Nutrition specialists offer condition-specific dietary menus, grocery lists and food swaps, and even cook meals while working with your medical professionals.

EXERCISE

Exercise specialists work with medical teams to execute individualized exercise sessions and plans for increasing strength and mobility.

END OF LIFE SERVICES

End of Life specialists provide therapeutic sessions and legacy projects, arrange vigils, and facilitate a peaceful passing.

MEDIATION

Mediation specialists facilitate sessions, solutions and conclusions to challenging family dynamics.

HOME SAFETY

Certified home safety specialists provide independence with resources + solutions for home interventions or equipment suggestions.

www.enablecm.com
info@enablecm.com
1-888-383-0014

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CARE MANAGEMENT

What We Do

Care Managers work with individuals who don't have support systems and manage everything on their behalf, and we work with individuals who have robust support teams but need someone to act as "boots on the ground", coordinating every aspect of care for that person and we work with people who just need a little guidance. From behavioral interventions and coordinating care to medical appointments and managing medications, we coordinate efforts between all members of the care team, serving as a liaison between all of the various entities that support a life well lived.

We've got you covered!

Our Village

How it Works

- Tell us what's going on.
- We meet the needs of your loved one with our "village".
- You enjoy peace of mind while we handle the rest.

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