"Peace of mind, guidance and reduced stress. I placed my trust in enABLE's care and have not been disappointed."

LGBTQ+ CULTURAL COMPETENCY TRAINING
sage CARE
2023 PLATINUM

NACCM CERTIFICATION · RESEARCH · EDUCATION · PRACTICE

Our Service Area

Marin Napa East Bay South Bay

Peninsula San Francisco Coastside

enABLE CARE MANAGEMENT

Care Headquarters:
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Follow us on social media!

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enABLE CARE MANAGEMENT

Concierge Services

Solutions, Advocacy + Action

enABLE matches your aging loved one with solutions that solve their care needs.

Concierge Team

Care Management
Care Managers ensure all health, safety, medical and personal needs are met. Coordination of all care needs with you at the center.

Medication Management
Nurses manage medications, fill medi-sets, monitor and communicate with doctors and pharmacies.

Placement Services
Placement Specialists explore living options, set up tours, communicate, and organize logistics for a move.

Enrichment
Activity Specialists implement engagement resources, activities and outings to bring optimal joy and fulfillment.

Nutrition
Nutrition Specialists offer condition-specific dietary interventions, meals and food swaps, while working in conjunction with medical professionals.

Exercise
Exercise Specialists work with medical teams to create exercise sessions and plans increasing strength and mobility.

End of Life Services
End of Life Specialists provide therapeutic sessions and activities, arrange vigils and facilitate a peaceful passing.

Mediation
Mediation Specialists facilitate sessions, solutions and conclusions to challenging family circumstances.

Home Safety
Home Safety Specialists preserve independence by assessing home safety and providing appropriate resources and solutions.

How We Work

Working with Us

- Tell us what's going on.
- We meet the needs of your loved one with our "village."
- You enjoy peace of mind.

enABLE CARE MANAGEMENT

enABLE Process

When you incorporate enABLE Care Management into your family, you surround your loved one with an entire village of multidisciplinary experts who collaborate holistically to ensure every aspect of care, safety, and happiness are attended to.

Our flexible fee options empower you and your loved one to embrace all services offered in the comfort of home. We want you focused on quality of life and what matters most to you.

Steps

1. Phone Consultation
2. Admissions Meeting
3. Client Assessment
4. Care Plan is Created
5. Execute on Care Plan