Welcome!

A NEW WRINKLE

Aging With Joy, Living With Purpose

Agenda

Topics Covered:

Topic 1: Intro

Topic 2: Why A New Wrinkle?

Topic 3: Growth in the Senior Population

Topic 4: Integrated Team of Professionals

Topic 5: Defining functional Health

Topic 6: Beware of the TAP Trap

Topic 7: Join With Us

A New Wrinkle

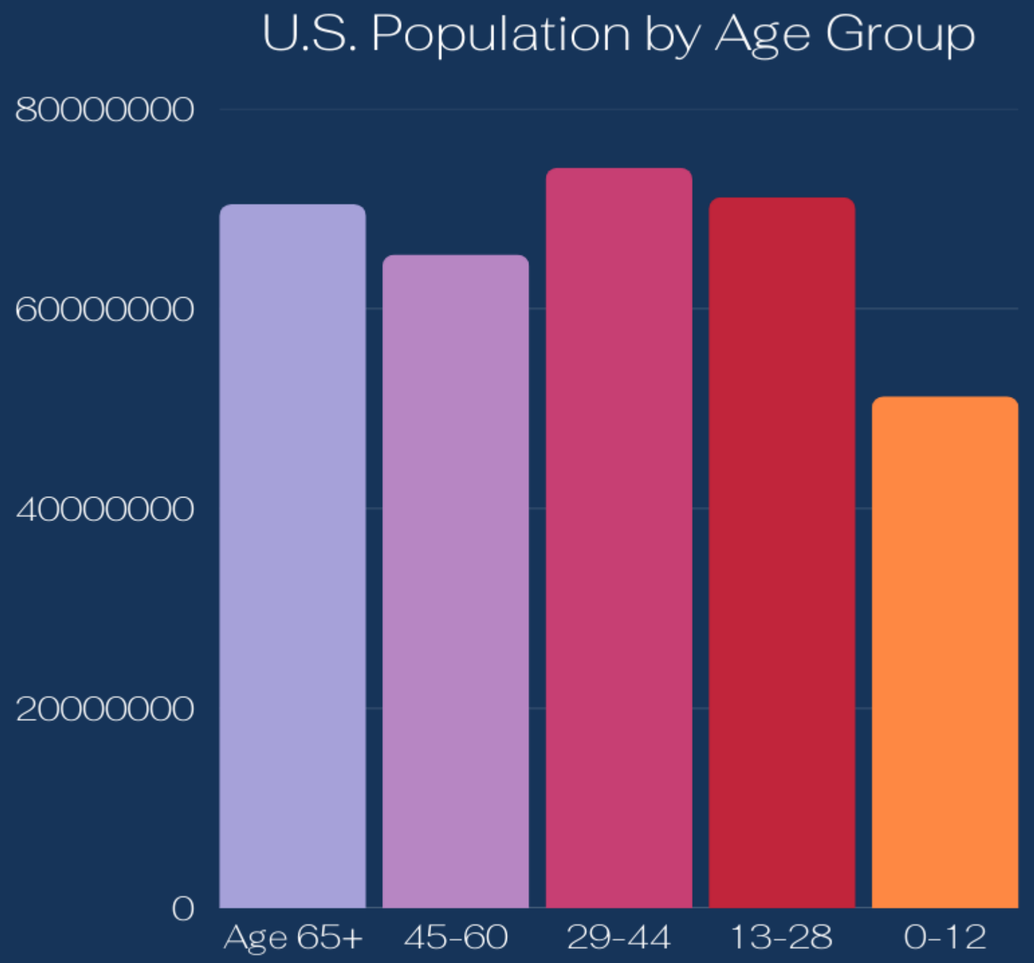
The local nonprofit resource connecting seniors and their families with personalized solutions

Why A New Wrinkle?

- As a realtor I represented 12 senior neighbors aging in place
- Need to relocate to an assisted living facility
- Moving for seniors is exponentially more stressful
- Motivated to give back to this underserved demographic

Growth in the Senior Population

- Daily in our nation over 12,000 people turn 65 and 4,000 turn 85
- There are over 70 million seniors representing 20% of the total population and by 2029 seniors will represent the largest age demographic



We are an integrated team of local care professionals

- Each care professional with expertise in a specific niche
- The new paradigm of a functional whole body approach
- Achieve aging with joy and living with purpose
- A full compliment of functional health and

Defining Functional Health and Wellness Habits

- Nutritionally balanced meals
- Physical exercise
- Social interaction, not social isolation
- Restorative sleep
- Avoid addictive practices
- Holistic stress and pain management
- Have a purpose, personal goal, volunteer, and community

Beware of the TAP Trap!

- Over reliance on prescription medicine
- Associate relief with take another pill
- Avoid becoming tapped out

Join With Us

- Reduce your risk of incurring, unwanted side affects
- At A New Wrinkle your resource to thrive, flourish, and prosper through aging transitions

Thank you!